

An entry requirement for the Master of Clinical Exercise Physiology is the satisfactory completion of a “minimum of 140 hours of practicum, with at least 80 hours demonstrating attainment of competency in exercise assessment, prescription and delivery with clients who are seen for the purpose of undertaking an exercise intervention to improve their health and fitness, well-being or performance, and not participating in an exercise intervention for the treatment and/or management of a clinical condition or injury. However, the service can be focussed on the prevention of chronic conditions” (ESSA Practicum Guide 2018, pg. 5).

Activities undertaken for the remaining 60 hours may be in any area that reflects the Exercise Science Standards.

Please refer to the [ESSA Practicum Guide, 2018, Version 1](#) for further information

As evidence of completion of the 140 hours, Curtin University will accept **one** of the below;

- Apparently Healthy Practicum (ESSA) logbook and Supervisor form
 - [Apparently Healthy Population Logbook](#)
 - [Apparently Healthy Supervisor form template](#)
- [Completed ESSA Record of Student Engagement \(template\)](#)
- Applicants are a current or past [ESSA Accredited Exercise Scientist](#) (must include accreditation evidence such as Accreditation certificate and/or ID number)
- Applicants hold an [Approved Graduate Entry Assessment](#) from ESSA (must include Approval letter from ESSA)